

# Using Your Core Common Denominator®





with DEBORAH JOHNSON ©Deborah Johnson • All Rights Reserved



Mobilize Your "Sweet Spot" for Purpose and Profit Using Your Core Common Denominator®	<b>'</b>
Our job: 1.	
2.	
Currently, 46% of our population is considering the GIG ecomony	
A GIG economy is where you prefer to work, be your own and determine	÷

your own \_\_\_\_\_.

Ideas on what you could you do with your present skills?

You may be feeling...

"Nothing I'm doing now will transfer into a new career!"

"I can barely manage technology now--how will I survive?"

5-10 minutes brainstorming

•In a perfect world, what would your dream job and career look like? Create a picture of your "Ideal Lifestyle."

Put down what you LOVE TO DO!

WHY do you love it?

WHY would you want to do it? (this will be your "purpose!")

What you would do:

How many hours you would work:

Where you would work:

How much money you'd make:

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#### **PROCESS:**

**Identify** what you LOVE along with your PURPOSE.

- **Affirm** your SKILLS and ABILITIES.
- **Implement** a PLAN that aligns with your ideal lifestyle & work that includes ongoing training & support.

### **IDENTIFY** what you LOVE to do

5-10 minutes brainstorming

se-1

List your former jobs, how long you worked & what you loved about each. You can also list a hobby.

Expand on WHY you loved a certain part of your job & ideas how to use that in the future

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### **AFFIRM your Skills & Abilities**

5-10 minutes brainstorming



Technical Ability - The technique, rote learning, basic skills... What are your technical abilities?

Adaptive Ability - Abilities that go beyond rote learning, soft skills, people skills, improvisation... *What are are your adaptive abilities?* 

Necessary Ambition - Disciplined routines & habits. Doing what it takes to be great.

What habits & routines have you developed to achieve your goals?

#### 8 MAIN AREAS OF SKILLS

Entrepreneurial: Startups • Equipping • Enterprising (sales) • Persuasion

Creative: Composing • Designing • Performing • Writing • Visionary

**Organizational:** Systems • Processing • Structure • Financial • Planning

Relational: Facilitator • Teaching • Legal • Inspirational Speaker

Analytical-Mechanical: Researcher • Investigation • Translator • Connector

**Directive:** Manager • Implementer • Leader

Influential: Social • Overcomer • Persuasive

Collaborative: Team Leader • Member • Facilitator • Connector

#### Where would the following fit?

Dentist or Medical: Vision-casters with multiple offices: Entrepreneurial & Analytical Nurse Practitioners working in an office: Relational Multi-level business: Entrepreneurial and Creative Online Business: Entrepreneurial and Analytical Podcast/T.V. Host: Influential Management: Collaborative, Relational, Directive Copywriter: Analytical, Mechanical Compliance: Analytical. If creating a business or department: Entrepreneurial, Collaborative H.R. Management: Organizational, Analytical. For online community: Collaborative

Inventor: Creative, Analytical

20-25 minutes brainstorming all 8 buckets of skills on pgs. 5-12. Then put in your Competency Bank on p.13!

# ENTREPRENEURIAL

Startups • Equipping • Enterprising (sales) • Persuasion Results-Oriented • Determined

Ways I'm Entrepreneurial:





### CREATIVE

Composing • Designing • Performing • Writing • Visionary Optimistic, Enthusiastic, Patient, Accommodating

Ways I'm Creative:









### ORGANIZATIONAL

Systems • Processing • Structure • Financial • Planning Analytical, Reserved, Systematic, Precise

Ways I'm Organizational:

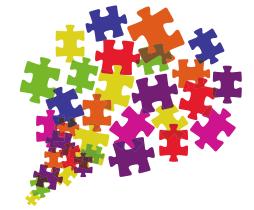




### RELATIONAL

Facilitator • Teaching • Legal • Inspirational Speaker

Optimistic, Enthusiastic, Outgoing **Quantity Concerned** 



Ways I'm Relational:



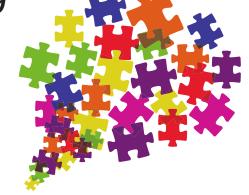


### ANALYTICAL-MECHANICAL

Researcher • Investigation • Translator • Connector

Process oriented, Patient, Accomodating

**Quality Concerned** 



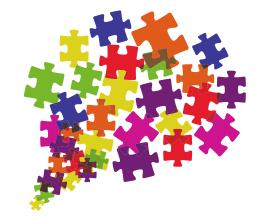
Ways I'm Analytical-Mechanical:





### DIRECTIVE

Manager • Implementer • Leader Direct, Results-oriented, Firm



Ways I'm Directive:



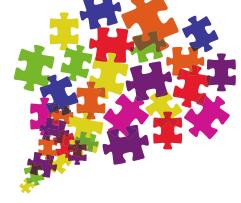




## INFLUENTIAL

Social • Overcomer • Persuasive Outgoing, Enthusiastic, Action oriented







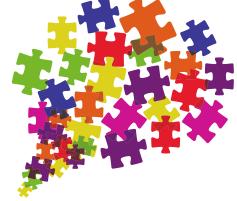




### COLLABORATIVE

Team leader • Member • Facilitator • Connector Analytical, Reserved, Systematic

Ways I'm Collaborative:









### Put your Skills in your Competency Bank

Take your TOP skills you enjoy the most and put them in your competency bank! Identify the main "bucket(s)" you have placed them in, (Entrepreneurial, Creative, Organizational, Directive...) then rate 1-5 how much you LOVE working with that particular skill.



Skills	Bucket	Enjoyment : 1 (low)-5 (high)

# **AFFIRM with a Healthy Mindset**

5-10 minutes

Head Trash Definition: Garbage & lies that keep you from your best work!

#### Head Trash Includes:

Comparison • Imposter Syndrome • Not-Good-Enough Self-Limiting Beliefs • Unhealthy Fear • Why try anyway? *Negative self-talk brings:* 



Loneliness • self-doubt • panic • anxiety • feeling too old • feeling rejected

not relevant
 overwhelmed by technology...

#### Make DAILY decisions and statements in your Journal!

#### Self-Talk

Positive Action (*Healthy language*)



# 5-10 minutes YOUR PURPOSE



Spend some time on your "WHY?"

What problem(s) do you see that you are passionate about? (homelessness, hunger, a product that would make life better or easier, poor business management or organization...)

Where does that problem exist? (your neighborhood, internationally, local government...)

What will happen if that problem continues?

What idea do you have to solve that problem?

What critical actions would you do first to help solve this problem?

What one particular skill do you possess that will help you get started on solving this problem?

Where would you like to be in one year from now that would help solve this problem even more?

What one or two things would need to change in your life to make that dream happen?

Sum all of this up in one or two sentences. Note: You will revise this many times in the coming years! But it's a start...

## IMPLEMENT

Applying what you love, your skillset and your purpose. Here you'll figure out how to make all the pieces work together profitably! The size of your goal doesn't matter for now. It just matters that you have a goal & direction!



**How are Jobs Reimagined?** (reinterpreted, thought of differently) (*Ideas: Virtual training, working remotely, mobilization, expanded research...*)

#### **Service Areas**

(Ideas: Hair, Home Care, Travel, Recreaton, Massage, Bicycle Repair, Real Estate...)

#### **Business Development**

(Ideas: Management, Leadership, Advertising, P.R., Marketing, Sales, Instructon...)

Artistic

Design

Travel

Writer

Research

Specifically think through areas that can be reimagined in your area of interest or emphais:

What is the range of income your new opportunity could realistically bring? (you may need to do some research here)

### Maximize Your Skills for Purpose & Profit 5-70 minutes

After looking at your skills, revisit your dream job and schedule. What do you want and why?

(This can include Flexibility, Control, Artistic license, Freedom...)

There are some who need a "box" and "boundaries." If you need that "box," you need to strongly consider that before taking the entrepreneurial lunge!

How many hours would you like to work per week?

Hours per day: (start time \_\_\_\_\_ end time \_\_\_\_\_ Number of days\_\_\_\_\_

How can A.I. (*Artificial Intelligence*) enhance your dreams? Ideas: Create an app, use bots, automate online programs, research tools...

#### Your SKILLS are one of your most valuable resources.

In a 2% market, let's DO THE MATH.

If you want to make \$90,000 a year, with a 2% investment, you'd have 4.5 million dollars saved. That's what your skills are worth!

You DO THE MATH: \_\_\_\_\_\_(what you're currently making or want to make) ÷ .02 = \_\_\_\_\_\_(how much you'd need to save in order to replace yourself for your household income) This is the VALUE of your skills!

How are you investing in yourself? ONE THING could make all the difference! Name one thing you will put on your calendar and do this next week to move toward your dream:

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## **Core Common Denominator®**



Putting all the pieces together for your future

### 1. CORE COMMON DENOMINATOR<sup>\*\*</sup>

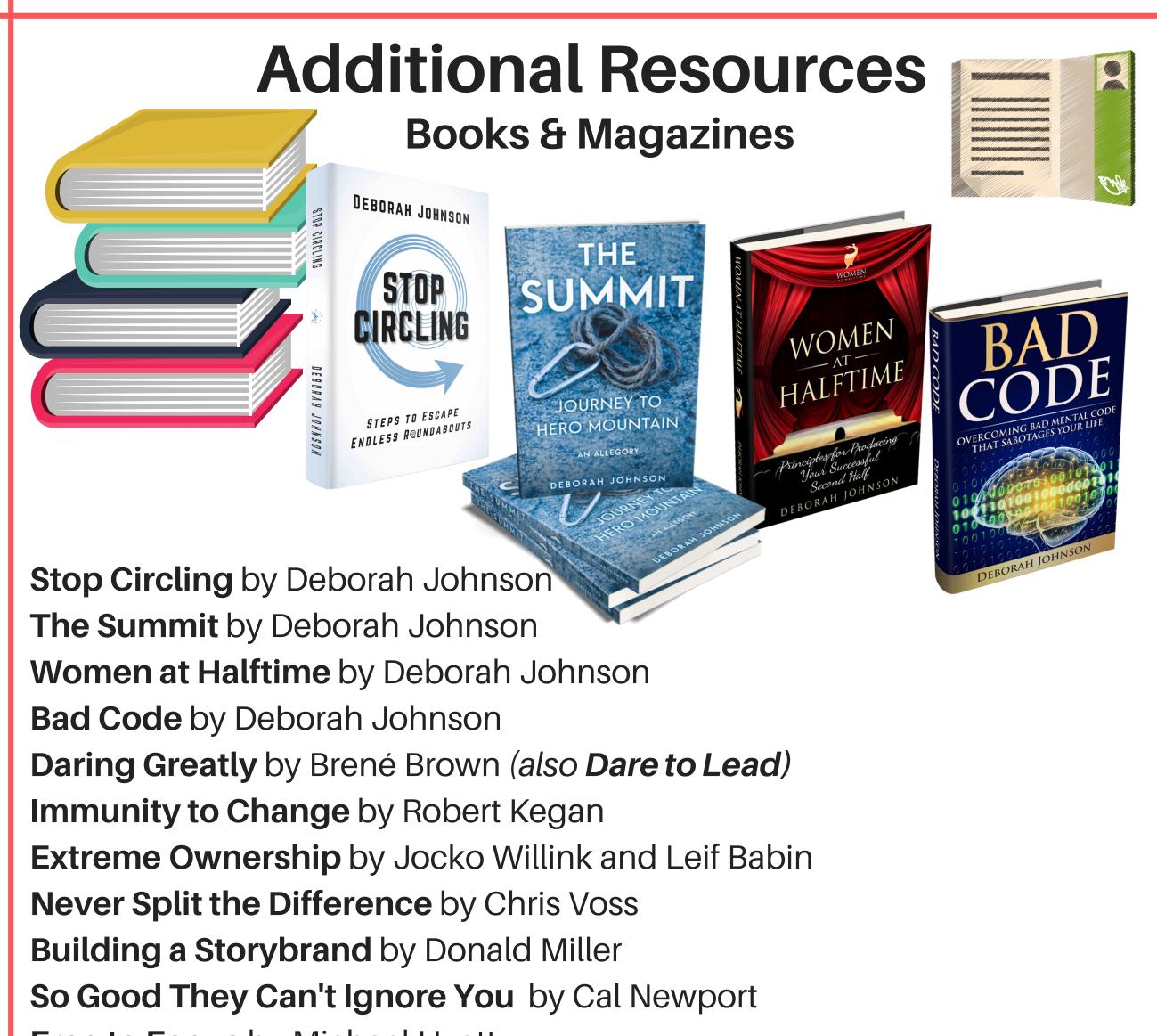
Refer to these definitions as you fill out each of your columns

Love	Skills	Opportunities	Purpose
Love to Do	Current Skills/ Experience	Dreams and Opportunities	Mission and Purpose
<ul> <li>Make sure some of these are artistic and recreational.</li> <li>These should unlock the creative, or right side, of your brain.</li> </ul>	<ul> <li>These skills and experiences do not have to be recently used skills but things you know you are good at.</li> <li>Draw from past</li> </ul>	<ul> <li>How do you want to spend your day(s)?</li> <li>If you could do anything you wanted, what would you do? Responses can include anything from donating</li> </ul>	<ul> <li>This is your WHY?</li> <li>What are you passionate about? What fuels you? How could you employ that passion to assist others and/or</li> </ul>
<ul> <li>Make the list</li> </ul>	· · ·	aonathig	others and or

	ensive.	<ul> <li>experiences that may be lying dormant presently.</li> <li>Include soft skills which can't be duplicated with artificial intelligence or a robot.</li> </ul>	your time to a worthy organization, starting your own business to helping an organization grow to its potential.	society?
<i>Make it eas</i> <b>Formula:</b> (		do) + (skill)	+ (purpose)	= (possibility

I love to \_\_\_\_\_ with \_\_\_\_\_ for \_\_\_\_\_

resulting in \_\_\_\_\_.



Free to Focus by Michael Hyatt
Start with Why by Simon Sinek
The Life-Changing Magic of Tiding Up by Marie Kondo
Atomic Habits by James Clear

#### **Magazines:**

Entrepreneur, Wired, Fast Company, INC...



**DEBORAH JOHNSON, M.A.**, international award-winning music artist, author and speaker, helps others get unstuck with mindsets to reinvent their life and reach expansive goals. Up for multiple **GRAMMY Awards** and spending over 20 years in the entertainment industry, she's an expert on how to constantly reinvent yourself in a gig-economy. Deborah is the author of *multiple books*, all on Amazon and *multiple online courses*. She speaks and performs in both live and virtual events. She has also raised three (*launched!*) sons, and is married to Greg a former professional baseball pitcher. Deborah is past President of National Speakers Assoc., Los Angeles Chapter.

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# **3-Month Planning Guide**

- Decide on one thing you will do right away. That should already be in your calendar.
- Then define one new habit or goal and schedule it in to work on it every week for the next 3 months. Thoroughly describe what you will do below and the date you will complete it.
- This will create momentum that will pay off in droves!

5-10 minutes

### **Blank calendar**

Inuary	ebruary	8 March
1	1	1
2	2	2
3	3	3
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25	25	25
26	26	26
27	27	27
28	28	28
29	29 (2020, 2024)	29
30		30
31		31

What I will complete in 3 months:

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